





Nature's Snack Food

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## Nut Crunch

	<p><b>Features:</b> Single portion crunchy nut snack with a hint of spice.</p>	  
<p><b>Fill weight:</b> 45g</p>	<p><b>Packaging:</b> PET/PE pouch</p>	<p><b>Cartons:</b> 12x display tray</p>
<p><b>Ingredients:</b> Roasted <b>PEANUTS, ALMONDS, CASHEWS</b>, Toasted Corn, Bhuja snacks (pea flour, vegetable oil, salt, spices), roasted peas, vegetable oil, salt, chilli powder.</p>		
<p><b>Country of Origin:</b> Made in NZ from local &amp; imported materials</p>		
<p><b>Shelf life:</b> 6months</p>		
<p><b>Storage:</b> ambient, clean &amp; dry, avoid strong light</p>		
<p><b>GMO Status:</b> Nil</p>		
<p><b>Processed on machinery that also processes tree nuts.</b></p>		
<p><b>Allergen &amp; Intolerance Agents – contains / may contain:</b></p>		
<p><b>Cashews, Almonds</b></p>	<p>Yes</p>	<p><b>Gluten/Wheat</b> No</p>
<p><b>Peanuts</b></p>	<p>Yes</p>	<p><b>Crustacea/Shellfish</b> No</p>
<p><b>Sesame</b></p>	<p>No</p>	<p><b>Fish</b> No</p>
<p><b>Soy products</b></p>	<p>No</p>	<p><b>Eggs</b> No</p>
<p><b>Milk or Dairy</b></p>	<p>No</p>	<p><b>Sulphites</b> No</p>
<p><b>Bee pollen, propolis, Royal Jelly</b></p>	<p>No</p>	<p><b>Lupins</b> No</p>
<p><b>Nutritional data (averages)</b></p>	<p>Per 100g</p>	<p>45g serving</p>
<p>Energy (kJ)</p>	<p>2200</p>	<p>990</p>
<p>Protein (g)</p>	<p>22</p>	<p>10</p>
<p>Fat total (g)</p>	<p>41</p>	<p>19</p>
<p>Fat saturated (g)</p>	<p>4</p>	<p>2</p>
<p>Carbohydrate (g)</p>	<p>24</p>	<p>11</p>
<p>Sugars (g)</p>	<p>3</p>	<p>1</p>
<p>Fibre (g)</p>	<p>7</p>	<p>3</p>
<p>Sodium (mg)</p>	<p>400</p>	<p>180</p>

Updated Dec 2023

Values are averages of flavours and production.

Some products processed in the same factory as PEANUTS and other allergens. Refer packets for details

Please consult GONUTZ technical or your health professional for any specific dietary concerns.